



F³ Group Covenant

I will always...

1. Be myself
2. Respect and listen to others
3. Be honest and kind
4. Honour boundaries
5. Be a good and loyal friend
6. Welcome new friends
7. Trust in the word of God
8. Search for spiritual understanding
9. Serve the community and lend a hand
10. Practice common sense and safety
11. Be inclusive
12. Always take care of the world around me
13. Encourage others in all endeavors
14. Bring my whole self to the group
15. Promote fun and friendship